

Curriculum Vitae

Personal Details

NAME: Mr Manu Sood

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QUALIFICATIONS :	Degree	Year of Award
	Diploma in Hand Surgery (Federation of European Societies for Surgery of the Hand)	1999
	FRCS (Plastic Surgery)	1997
	M.Ch.(Plastic Surg.)	1990
	M.S.(Gen.Surg.)	1988
	M.B.B.S.	1983

PRESENT APPOINTMENT:

Consultant Hand and Plastic Surgeon
St. Andrew's Centre for Plastic Surgery
Broomfield Hospital
Chelmsford CM1 7ET

Regional Advisor for East Anglia
Diploma in Hand Surgery
British Society for Surgery of the Hand/
University of Manchester

Elected to Council of British Society for Surgery of the Hand,
2007 – 2010.

LECTURES

- April 1999** **Pain and the Peripheral Nerve: A Surgeon's Viewpoint**
Guest Lecture to the European Society for Hand Therapy
- September 1999** **1. The Management of Reflex Sympathetic Dystrophy**
2. Surgery for the Spastic Upper Limb
Invited Speaker to the Continuing Medical Education Programme of the Association of Plastic Surgeons of India
- March 2000** **Replantation in the Upper Limb**
Invited Speaker, North East Thames Hand Meeting
- May 2001** **Tendon Transfers in Ulnar Nerve Palsy**
Invited Speaker, North East Thames Regional Hand Meeting
- September 2001** **Functional Anatomy of the Hand**
Instructional Course, British Association of Hand Therapists.
- 5 April 2003** **Plastic Surgery and the Management of Skin Cancers**
PGEA Masterclass
- 1 May 2003** **The Management of Hand Injuries in the NHS**
Essex Medicolegal Society
- 21 May 2003** **Reconstruction of the Thumb**
North East Thames Regional Hand Meeting
- 13 June 2003** **Upper Limb Spasticity, Syndactyly, Thumb Duplication**
Invited Speaker, Trent Region Orthopaedic Training Course
- 30 Jan 2005** **Fingertip Injury with or without bone exposure**
Invited Speaker, BSSH Course in Advanced Hand Surgery
- 31 Jan 2005** **Free Vascularised Bone / Joint Transfer in the Upper Limb**
Invited Speaker, BSSH Course in Advanced Hand Surgery
- 14 April 2005** **Extensor Tendon Tethering**
Invited Speaker, Anglo Spanish Hand Meeting, Vallodolid
- 31 Jan 2006** **Aesthetic Breast Surgery**
PGEA Masterclass
- 13 May 2006** **The Management of Carpal Tunnel Syndrome**
Invited Speaker, Essex Regional Neurophysiology Meeting
- 22 November 2006** **Advanced Course in Hand Surgery, Royal College of Surgeons:**
Invited Faculty
- 9th June 2007** **Neuromodulation Workshop**
Guy's & St Thomas' Hospital
- 4-6 July 2007** **Summer Scientific Meeting BAPRAS**

- 5-6 October 2007** **Hand Surgery Examination**
British Society of Surgery for the Hand (BSSH)
Examiner
- 27 November 2007** **Human Factors in Risk Management**
Partnership for Change Programme
- 14th April 2008** **Intercollegiate Speciality Boards Examiners' Induction Course**
Edinburgh
- 1-2 May 2008** **Spring Scientific Meeting BSSH**
Chairman
- 22-23 May 2008** **Tendon Transfers and Nerve palsy**
Invited speaker, British Association of Hand Therapists
- 6-7 June 2008** **Nerve Injury & Compression, Pain, Anaesthesia**
Instructional Course, BSSH
- 13-15 June 2008** **3rd Pain Symposium**
Guy's & St Thomas' Hospital
- 2-3 October 2008** **Hand Surgery Examination**
British Society of Surgery for the Hand (BSSH)
Examiner
- 11 October 2008** **Hand Surgery in Rheumatoid Arthritis, British Rheumatology Association**
Invited Speaker
- 6-7 February 2009** **Tendon Injury, Paralysis, Rehabilitation**
Instructional Course in Hand Surgery
Invited speaker
- 1-2 October 2009** **Hand Surgery Examination**
British Society of Surgery for the Hand (BSSH)
Examiner
- 4 November 2009** **Skin Cancers in Primary Care**
Invited Speaker

- 12 November 2009 Autumn Scientific Meeting – BSSH**
Symposium on “Microsurgical Reconstruction of the Upper Limb”
Microsurgical reconstruction of long bones defects in the upper limb
Vascularised bone grafting for established scaphoid non-union
Immediate toe transfer for reconstruction of single digit amputations.
- 25 November 2009 Hand and Wrist Arthroplasty Course**
Royal Liverpool University Hospital
Instructional Course
- 4-5 December 2009 International Symposium for Plastic Surgeons**
Occuloplastic Surgery, Munich
- 5-6 February 2010 The Child’s Hand and Tumours, BSSH**
Instructional Course
- 9 February 2010 Tendon Transfers in the Hand and Upper limb**
Royal Society of Medicine
Invited Speaker
- 11-13 March 2010 2nd Bergamo Rhinoplasty Course**
Milan
- 22-23 April 2010 Spring Scientific Meeting, BSSH**
- 27 May 2010 Degenerative Disorders of the Hand**
Invited Speaker
- 9-11 June 2010 Beauty Through Science Symposium**
Stockholm
- 7 September 2010 Hand Surgery for General Practitioners**
The Mid Essex Medical Forum
Invited Speaker
- 20 October 2010 Mastering your Risk Workshop - MPS**
Royal College of Physicians
- 8 February 2011 FRCS Plast Revision Course**
Invited Faculty and Examiner
- 28 February 2011 FRCS Plast Revision Course**
Invited Faculty and Examiner
- 1 March 2011 Mastering Adverse Outcomes Workshop**
Royal College of Physicians
- 11-12 May 2011 Advanced Skills in Hand and Wrist Surgery**
Lectures Delivered
Cubital Tunnel Release and Variations
Tendon Transfers for Ulnar Nerve Palsy
Rheumatoid Arthritis: Replacement and Realignment of MCP Joint
Correction of Finger Deformities
Fusion of Finger Joints for Arthritis and Trauma

- 29-30 Sept 2011** **Cadaveric Hand Trauma Course**
Guy's and St Thomas' Hospital
- 23-24 Feb 2012** **XI Surgery of the Hand**
Frontiers in Hand and Upper Limb
Reconstruction
- 24 April 2012** **Mastering Difficult Interactions with Patients Workshop**
Royal College of Physicians
- 25 April 2012** **Mastering Professional Interactions Workshop**
Royal College of Physicians
- 15-16 May 2012** **Advanced Skills in Hand and Wrist Surgery**
Lectures Delivered
Cubital Tunnel Release
Tendon Transfers of ulna nerve palsy
MCPJ realignment and replacement
Correction of finger deformities and joint fusion
ARPE Joint Replacement
- 19-21 June 2012** **Core Skills in Hand Surgery**
Lectures Delivered
Nerve Anatomy and Access
Nerve Repair plus Grafting (Part 1)
Nerve Repair plus Grafting (Part 2)

PUBLICATIONS

Lim EH, Sood M K, Dziewulski P D (2006) Unilateral palmar and axillary hyperhidrosis post electrical flash burn. Burns. 2006 May;32(3):389-90.

S. Papanastasiou, M.K. Sood (2004) Aberrant position of the ulnar nerve within the carpal canal. Microsurgery. 2004;24(1):24-5.

S. Papanastasiou, M.K. Sood (2002) Double-level replantation of the upper extremity with microvascular pulp transfer onto an intermediate macroreplant segment. Plast Reconstr Surg. 2002 Oct;110(5):1294-7.

M.K.Sood, D. Elliot (2000) Primary Amputation of the Middle Ray in the Treatment of Severe Injuries of the Central Hand. Plastic and Reconstructive Surgery, 106:1 115-118

M.K.Sood, D.Elliot. (1998) Relocation of Sensory Neuromas of the Hand into Pronator Quadratus. British Journal of Hand Surgery 23B: 2: 214-219.

D.Elliot, M.K.Sood,B.Swain, A.F.S.Flemming. (1997) A Comparison of Replantation and Terminalisation of Distal Amputation of A Single Digit. British Journal of Hand Surgery, 22B: 523 - 529

M.K.Sood, F.D.Burke. (1997) Anterior interosseous nerve palsy : a review of 16 cases. British Journal of Hand Surgery, 22B:64-68.

M.K.Sood, D.Elliot. (1996) A new technique for distal attachment of flexor tendon grafts to the the distal phalanx. British Journal of Hand Surgery, 21B: 629 - 632.

Kangesu T., Ho Asjoe M., Sood M.K., Myint T. And Frame J.D.(1995)
Replantation of testis and penis in a child. Lancet 345 (8961): 1368-9.

R.L.Thatte, M.K.Sood, P.K.Uppal (1987)
A combination of unusual abnormalities of the lacrimal apparatus and nostril in a case of bilateral cleft with choanal atresia. British Journal of Plastic Surgery,40:645-6.

MEMBERSHIPS

British Society for Surgery of the Hand	Member
British Association of Plastic Surgeons	Member
British Medical Association	Member
Medical Protection Society	Member

PROFESSIONAL INTERESTS

I am a Consultant Plastic and Hand Surgeon at the St Andrew's Centre for Plastic Surgery where approximately 4500 patients with injuries including facial lacerations, leg injuries and hand trauma are treated every year. In addition to over 800 patients per year with hand trauma of varying complexity (which includes tendon injuries, fractures and joint injuries, injuries to nerves and blood vessels and skin loss), I also treat patients with elective hand problems such as osteoarthritis, rheumatoid arthritis, Dupuytren's contracture and nerve compression syndromes. I have a special interest in microsurgical reconstruction of major injuries, nerve surgery, surgery for congenital anomalies of the hand and foot and surgical reconstruction of the upper extremity in patients with strokes and cerebral palsy. I have an interest in clinical research and have published articles on hand surgery in peer reviewed journals.

I am actively involved in postgraduate teaching and I am currently responsible for the training of the Senior Registrar in Hand Surgery attached to the Regional Plastic Surgery Unit.

I maintain my accreditation for Continuing Medical Education by attending national and international conferences, visiting centres with an international reputation, remaining up to date with published literature in hand surgery and participating in postgraduate education and audit.

I am the Regional Advisor of East Anglia for the Hand Surgery Diploma which is administered by the British Society for Surgery of the Hand / University of Manchester.

I have been elected to Council for the British Society of Surgery of the Hand 2007 – 2010.

I have been the Plastic Surgery Representative on the Medical Advisory Committee at the BUPA Roding Hospital, Ilford for the last eighteen months.